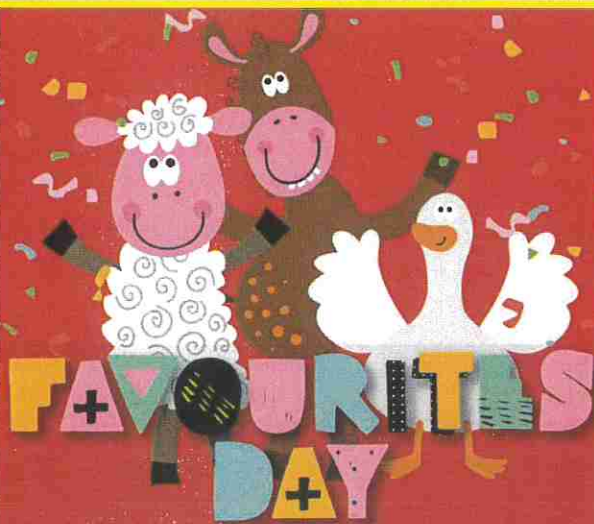


Shinewater Primary School

"Together We Shine!" Week 4

Favourites Hot School Meal Day



Thursday 1st October

Fish Fingers with Oven Baked Chips
Veggie Fingers with Oven Baked Chips ✓
Vegetable Crudités ✓
Whole piece of Fruit ✓
Chocolate Cookie ✓

pabulum menu

If your child will be trying a meal for the first time and they have any special dietary needs which you have not already informed the school of then please notify the School Office of any special requirements, so that we can update our records as soon as possible.

EYFS/Key Stage 1

As you will be aware, all pupils in Reception and Years 1 and 2 are eligible for free school meals. We are currently working with our catering providers to begin providing hot meals again at lunchtimes and as part of this we would like to encourage all children in Reception and Years 1 and 2 who usually have a packed lunch to trial our new hot lunch option on Thursday 1st October 2020.

Good food has been shown to lead not only to healthier, happier and more fulfilled children, but to improved educational attainment. Our school meal service ensures that the children are receiving the nutrition they require across the whole school day. We believe that the school lunchtime is a great opportunity for all our children to sit down together and enjoy a healthy and tasty meal, whilst developing their social skills. We will therefore be providing all children in Years R, 1 and 2 the hot meal option on Thursday 1st October so they all get the opportunity to try the food. Even if your child usually has a packed lunch and would like to bring in their packed lunch, we would like all children to have a taster of our school menu and dessert on 1st October so this will be offered. Please see the additional menu information from Pabulum which will show the menu choices for the day - Favourite Day.

Key Stage 2

If you have a child in KS2 you are able to book a school meal for this day as normal. Instead of the cold packed lunch options that are currently available the options for all children on Thursday 1st October will be the hot food option from the Pabulum menu for Favourites Day.

SOUTH BOROUGH
Primary School



Keeping Healthy



Have you downloaded the NHS Covid-19 test and trace app?

The logo for 'Walking and Talking' features two stylized footprints on either side of a speech bubble containing the text 'Holding Space'.

PLEASE CONTACT US AT 07922851207 TO PRE-BOOK

WALK AND TALK

EVERY THURSDAY
EASTBOURNE

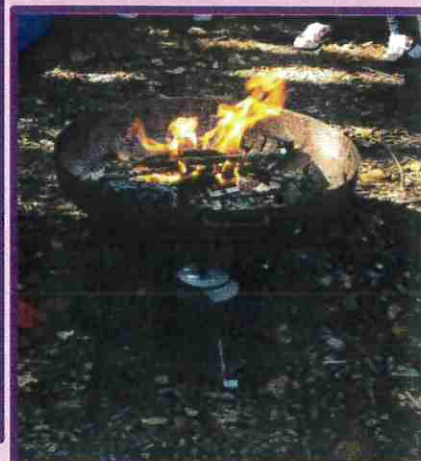
1ST OCTOBER: HAMPDEN PARK CAFE (9.15AM)
8TH OCTOBER: GILDREDGE PARK (9.15AM)
15TH OCTOBER: SHINewater PARK (9.15AM)
15TH OCTOBER: HAMPDEN PARK CAFE (3.30PM)
22ND OCTOBER: HOLYWELL CAFE (9.15AM)
29TH OCTOBER: FISHERMEN'S CLUB (9.15AM)
29TH OCTOBER: HAMPDEN PARK CAFE (3.30PM)

Last Monday afternoon Year 2 enjoyed their stunning start, an afternoon in the woods for our first topic 'Into the Woods'. We had a fun afternoon with Mrs Dyke completing different activities. We enjoyed playing in the woods, listening to the crackling fire and making habitats for animals. It was a great start to our topic and we are now writing a recount in English about the afternoon.

The logo for Child Therapy Service CIC features a smiling sun character with arms and legs.

Child Therapy Service CIC

Tracy Chadwick Founder
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OCTOBER UP-DATE!

The logo for Child Therapy Service CIC, featuring a smiling sun character and a heart.

The Child Therapy Service CIC

An independent, **not-for-profit** community organisation with charitable purposes that provides on-line training and practical toolkits to facilitate opportunities for children to: **Enhance Mental Well-being;** **Build Academic Resilience;** and **Remove Educational Barriers**