

Shinewater Primary School

"Together We Shine!"



Together We Shine!

Welcome to the first newsletter of this latest lockdown. It has been amazing how swiftly we have settled into our new routine as a community. The children at home have risen to the challenge and have got totally stuck into using Google Classroom and we are having the most wonderful work handed in. Thank you to all of the parents and carers out there who are working so hard for the education of the children. We know that this is a balancing act for you and life is far from normal.

The teachers and support staff would like to say thank you for all the words of encouragement and praise. Each word is gratefully received and means so much to us all. If you would be happy for these kind words to be put into the "Kind Words" section of our new website please let your class teacher know. On the website you will see the most wonderful photo of one of our hero mums in her NHS PPE-smiling.

We have a significant number of critical worker children in school- a considerable number more than the last lockdown. We would ask, that if you are able to have you child at home please consider this. We have a number of staff who are shielding and we need to make sure we are able to staff the school. The school is only accepting CRITICAL workers during this latest national lockdown. Shinewater is proud to be doing our bit in supporting critical workers.

Times are tough for all of us at the moment but WE WILL get through this together and always remember ...

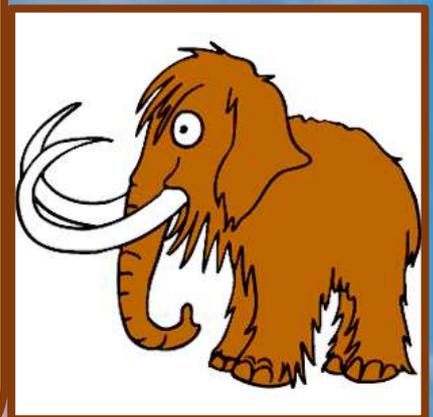
"Together We Shine!"

Free School Meal Vouchers-A Mammoth Task

Swale Academies Trust is ahead of the game and has been forward thinking in providing FSM vouchers rather than the food parcels as seen on TV. We are so grateful to Janet Garraway and the team at HQ for purchasing the vouchers to keep our children fed.

Our wonderful Mrs Andrew has a mammoth job of organising and distributing the FSM vouchers each week. Shinewater has around 45% FSM, well above the national average, and this is a time consuming and demanding job as you can imagine. She has been literally working night and day sorting this for everyone. Vouchers arrive with you as soon as humanly possible. Thank you for the support and recognition you have been giving her. Kind words are always appreciated.

Please note these vouchers are for buying children food only and NOT for other purposes.



Learning Updates...



Great news! Key Stage 2 pupils will be having Google Classroom Spanish lessons from Mrs .Newry one of our Swale teachers. These will hopefully commence in week 3.

More great news! Mr. Field, PE coach at Langney, will be sharing PE lessons with Shinewater pupils. He is currently filming lessons for us to use as well as devising inter school competitions for us to take art in from home.



Important Information

Absence

We expect all pupils to attend all lessons and engagement is being carefully tracked. If your child is unwell please let the office know either by email or a phone call. This will help teachers immensely

Covid-19

Please alert the school office if someone in your household has tested positive even if your child is not in school. We now have a new phone system after not having phone lines for a week. We are sorry if you were not able to call during this time.

Symptoms of Covid-19

The main symptoms of coronavirus (COVID-19) are a high temperature, a new, continuous cough and a loss or change to your sense of smell or taste. If you have any of these please get a test.

Chromebooks and Laptops on Loan Information

As a school we have been supporting families with devices so that children can access Google Classroom and complete the work set by their teachers.

We are very lucky to have Chromebooks to loan out to families to assist them with their learning. I'm just wanting to clarify that these **Chromebook are the trusts and they are only on loan**. These devices will need to be returned back to the school when families are advised to. They are to be looked after and taken care of.

I wanted to make you aware that we are able to monitor and filter inappropriate use and we receive daily reports to alert us of their use. If your device at home is found to have been used incorrectly this device will have to be removed and returned to school. Therefore, families will then need to find another device.

The trust has set restrictions that children can only have access to their account, which means they will only have the ability to complete their school work. All families have been asked to sign an agreement which explains all of this and more.

The **only children who qualify for free devices are those with social workers**. We are hoping the government will help us with giving some laptops but we are still waiting to hear from them. Our aim is that all pupils have their own device to use at home.

We are really grateful for the children and families that are working really hard with their learning. We love seeing all of their work. Thank you too for all the lovely things parents have been saying to staff when they collect their loan devices and after home support with access.

Stay safe
Mrs Boddy
Online Safety Lead

Stars of the Week at home!

Week Beginning 04.01.21	First Name	Reason
Nursery	Leo H	Leo has worked so hard this week, I have loved seeing all of it on Tapestry, you look like you have had so much fun!
Mrs Wilkinson	Coby	For working so hard at home in all areas of learning. Well done Coby!
Mrs Wilkins	Lily	For loving learning at home!
Mrs Rigby/ Mrs Marchant	Nathan	For working hard and not giving up when things are tricky.
Mrs Sands	Elizabeth	For working hard at home this week even when she has found it tricky she has carried on and has done her best.
Mrs Costello	Wyatt	For his outstanding work in all subjects areas this week. All of his work has been completed with so much effort and enthusiasm. Well done Wyatt!
Mrs Mans	Luca	For engaging in every lesson on Google Classroom and completing his work to a high standard. Luca has shown excellent effort and commitment to his work. Well done Luca!
Mrs Graham	Lucy	For her enthusiasm towards her work, particularly Lexia and Bug Club.
Miss Duffin	Charlie-Jay	For having such a positive attitude to his learning and engagement to working at home. It has been great to see him tackle his work so confidently.
Mrs Wake	Darcey	For her outstanding engagement with all subjects, especially her maths work. All of her work completed, responding to my comments on her maths, and pushing herself to achieve her very best. A big WELL DONE Darcey!
Miss Eustace	Tyler	For engaging in all the learning on Google classroom, and persevering when technical issues have arisen!! Brilliant work
Miss May	Kyle	For showing such commitment and enthusiasm for his online learning. He has managed to do every lesson that has been set so far.
Mr Cotton	Isla H	For showing enthusiasm and perseverance with her lessons. She has completed all of her work and is working very hard.
Miss Jarman	Leo	For making such a fantastic start to online learning. All his work has been completed to a high standard, with thorough answers and even extra research for some pieces. Well done Leo!
Mrs Smith	Fynn	For demonstrating outstanding diligence and commitment to his online learning, Every task has been completed to an incredibly high standard and he has taken the time to respond in detail to marking and feedback. Well done Fynn!

Stars of the Week at home!

Week Beginning 11.01.21	First Name	Reason
Nursery	Freddie	For speaking SO much and doing some incredible counting. Well done Freddie
Mrs Wilkinson	Alfie	For excellent phonic work at home. Well done Alfie.
Mrs Wilkins	Arthur	For being so creative in all aspects of his work and for doing it in such great costumes.
Mrs Rigby/ Mrs Marchant	Willow	For excellent engagement and for always trying hard at everything
Mrs Sands	Thea	For working hard on everything we have sent home and being so positive.
Mrs Costello	Elsie-Mae	For working so hard and trying her best in all subjects. Well done, I am very proud!
Mrs Mans	Lucas	For completing all of the home learning set to a high standard and completing extra activities that he has chosen himself.
Mrs Graham	Darcie	For excellent engagement with online learning and for completing all tasks set.
Miss Duffin	Hayden	Fantastic engagement with his work everyday and showing such enthusiasm for his learning.
Mrs Wake	Rhyley	For putting all his best efforts into his work - every piece handed in to a high standard. I am especially proud of his English this week - what an exciting descriptive paragraph!
Miss Eustace	William	For completing all of his work to an incredibly high standard. Always giving it 100%.
Miss May	Mati	For excellent engagement and some amazing vocabulary in his English work - vermillion
Mr Cotton	Callum	For terrific engagement with remote learning and for developing wonderful ideas for his writing through the week.
Miss Jarman	Eloise	For putting such fantastic effort into every piece she completes and always responding to feedback. She has also managed to complete both a Lexia level this week and all of Year 6's VIPERS work!
Mrs Smith	Lena	For working consistently hard on all tasks set. She is so diligent in responding to feedback and is a pleasure to communicate with online.

Stars of the Week in school!

Week Beginning 04.01.21	First Name	Reason
Bubble 1 - EYFS/Nursery	Payton	For being a wonderful role model to the Nursery children in both behaviour and work
Bubble 2 - Year 1	Alex	For being kind, polite and REALLY helpful to everyone on Google Classroom. He always has a big smile for everyone too!
Bubble 3 - Year 2	Amelia	For being my right-hand girl with all things google classroom, completing all of her work and her infectious smile.
Bubble 4 - Key Stage 2	Filip	For being super helpful, to myself and to the year 3s when they needed. For completing all his work, and generally making most of things!
Bubble 4 UKS2	Ethan	For continuous hard work and a positive attitude to his learning.

Week Beginning 11.01.21	First Name	Reason
Bubble 1 - EYFS/Nursery	Hudson	For trying his best even with things are tricky and for working hard all week.
Bubble 2 - Year 1	Oaklee	For working so hard on Google Classroom and always trying your best
Bubble 3 - Year 2	William	For his excellent attitude to all his work especially his spellings and writing! Well done!
Bubble 4 - Key Stage 2	Freddie	For consistent hard work all week!

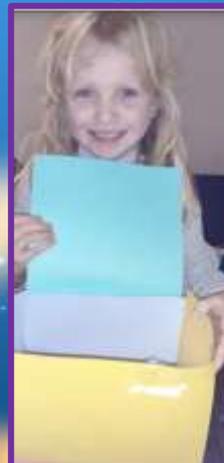
Great Home learning!



Patience mark making in art



Eliza has been doing loads!



Sophie's achievement box



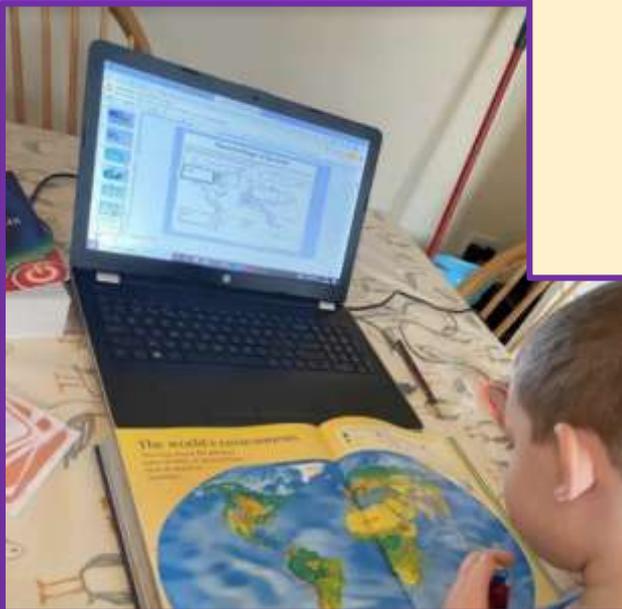
Arthur Stormtrooper

Max-mark making in flour



Great Home learning!

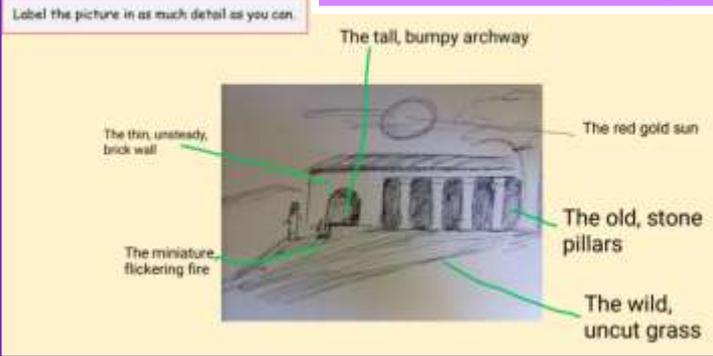
Henry geography



Mati-pointillism artwork



Callum-excellent writing



Now, write at least five sentences using your expanded noun phrases from your picture.

- The red gold sun was in the sky. The wild, uncut grass was pulling Anna's feet. The thin, unsteady, brick wall was so weak Anna could almost push it over. As Anna walked through the tall, bumpy archway, it looked like it was going to collapse. The old, stone pillars were struggling to hold up the roof of the villa. The miniature, flickering fire was reaching out to the sticks and leaves so it could devour them.

Rhyley-excellent writing

As I perched on the branch, high up in the old oak tree. I heard the scream of battle horns in the distance. That noise meant only one thing, the romans were near and were about to commence battle. I froze in fear, unable to move a muscle. The ground vibrated with the clatter of horses hooves. Thump, thump, thump. The sound was getting closer. Before long beneath me was the emperor Nero and his army of vicious Roman soldiers. I knew it was Nero because of his golden armor and he was wearing his golden helmet with feathers on top. The soldiers were wearing a chainmail shirt over a short thick tunic. In their hands were large oval wooden shields. The soldiers wear tiny armour because they do not fear death. None of the Romans liked Nero, they only acted nice to him because they didn't want to die.

Across the dry waste lands, the barbarians charged forwards, getting closer and closer. Rough edged spears flew like superman over to the Romans almost hitting them. But the Romans were smart they quickly used their shields to defend themselves. In a blink of an eye the Barbarians appeared over the dead hill. Using their buffalo horn, it was so loud that it left a ringing in my ears. I was nearly deafened.

I had to scream, but I couldn't because I knew I would be discovered. Nero would take me, kill me and then hunt my family.

Katie and Katelyn's writing working walls

1. WALT review the key features of a recount

What features of the opening paragraph of a recount capture attention?
Starting with a point of the past. Starting with a forbes.

What features of the opening paragraph of a recount can you identify?
Starting with a point of the past. Starting with a forbes.

2. WALT place events in chronological order and use connectives related to time.

Zoe's experiences in the extract.
Chronological order.

Record here:
-Feet slip from the ground
-Been chase by a group of people.
-How to row a boat
-Found Lycia
-Putting out the compass.

Interesting time connectives.
Start with simple ones (e.g. first). Record those. Then use thesaurus.com to generate more interesting connectives.

Example sentences.
First person.
Time connectives.

2. WALT place events in chronological order and use connectives related to time.

Zoe's experiences in the extract.
Chronological order.

Record here:
Present talking about how tired she is. Apologises if her recount doesn't make sense. Her mind racing with worries. Explains what happens past tense: When she left home (more 15 hours ago) hadn't intended to end up at train station. Plodded in torrential rain. Found train station. Snuck on train without ticket managed to get a few hours of restless sleep. Things got a bit blurry. Remember's getting off the train spontaneously. In the middle of a forest the sheep had a conversation with a man. Asked for some who told her he had the ticket. He was the person she was looking for, and then gave back the ticket to the woman.

Interesting time connectives.
Start with simple ones (e.g. first). Record those. Then use thesaurus.com to generate more interesting connectives.

Example sentences.
First person.
Time connectives.

3. WALT identify and use a range of linked adverbs, expanded noun phrases including compound adjectives, and figurative language.

The dark, brooding storm clouds hanging over the sea were ominous and the sea was dark and choppy.

The sea was brooding, almost black, I could see the many tiny waves the ocean was full of the dark sea was like a monster.

Having all the sea to look, had been the most beautiful day ever and the sea was so blue and the sky was so blue and the sun was so bright.

Maintaining Wellbeing

Follow a routine

It's important to create a routine to give your day structure.

Try to get up and go to bed at the same time every day, aiming for seven to nine hours of sleep per night.

If you're working from home, make sure you schedule in lunch breaks, and time to move and stretch.

Make time for exercise. This can include activities like lifting weights, an online dance class or a long walk.

Eat well

Try to prepare nutritious meals if you can. Eating well is good for both your physical and mental health. Eat five portions of fruit and vegetables a day to make sure you're getting a range of vitamins and minerals. Fresh, frozen, dried and tinned options all count.

Have regular meals and stick to healthy snack options such as fruit, or a small handful of unsalted nuts and seeds.

Consider taking a daily supplement of vitamin D (10 micrograms), especially during the winter. This is particularly important if you aren't exposed to much sunlight, are over 65 or have dark skin

Keep hydrated

Drinking enough fluids helps your body function properly. The Eatwell Guide recommends you have six to eight glasses of fluid a day, but drink a bit more if you're exercising

Avoid excess

It can be easy to form unhealthy habits as a way of coping. While these might feel like they're helping you deal with the situation, they often make you feel worse in the long term.

Try cutting down on how much caffeine you drink. Having too much caffeine, or having it later in the day, can affect how well you sleep. It may also cause you to feel irritable and add to any feelings of anxiety.

Take time to switch off

While it's important to stay informed, try not to constantly refresh the news if you find it makes you feel anxious, angry or stressed.

You might also find it helpful to spend some time away from social media.

Taking some slow deep breaths can help reduce anxiety levels and help you reset. Try breathing in for four counts, hold your breath for four counts and breathe out for five counts.

Maintain relationships

Being apart from loved ones can be very difficult and upsetting. Try to keep in regular contact using phone or video calls if you can. Writing letters or sending cards might also be a nice change if you're feeling tired of video calls.

Being at home with family may also be challenging at times. Try to talk to and respect each other if issues come up. Try to enjoy spending more time with those you live with if you can.

If you know people who live alone, especially the elderly or those who are vulnerable, keep in touch with them as best you can.

Be kind

It's natural to feel a whole range of feelings during times of uncertainty and change. Some days will be better than others. This is a time to be kind to yourself and to those around you. Be patient with yourself and your loved ones.

Help is a phone call away...

CRUSE NATIONAL HELPLINE

0808 808 1677

Monday & Fridays: 9.30am - 5pm
Tuesday, Wednesday & Thursday: 9.30am - 8pm
Saturday & Sunday: 10am - 2pm



**Talk to us any time,
day or night.**

Freephone 24 hour National
Domestic Abuse Helpline

Confidential,
non-judgmental support

Or reach us online:
www.nationalDAhelpline.org.uk

Refuge



For women and children,
Against domestic violence.

Holding Space

A SAFE SPACE FOR YOU TO CONNECT

✉ contact@holdingspace.org.uk
☎ 07922 851207
🌐 www.holdingspace.org.uk



MENTAL HEALTH
SUPPORT
FOR PARENTS, CARERS
AND FAMILIES



ChildLine

0800 1111



Coronavirus: need help? Support for everyone in East Sussex



If you are struggling to cope with the effects of coronavirus, your community hub may be able to help. **No one in East Sussex will be left on their own.** But some people may be able to get the support they need from family, friends or neighbours instead.

Get in touch with your community hub if:

You're struggling to cope with coronavirus because you're alone, worried, unwell, short of money or can't get medicine, food or other essentials

AND

There is no one living near you who you know and can trust to help

Get in touch with your community hub if:

Your GP has contacted you to say you have an extreme medical condition and you are getting food delivered to your home while you shield yourself for 12 weeks

AND

There is something else you need

Consider NOT getting in touch with your community hub if:

You have family, carers, friends or neighbours nearby who you can trust and rely on to help you (and who are not vulnerable themselves)



Contact your community hub:

Eastbourne
01323 679722
www.lewes-eastbourne.gov.uk/requestsupport

Lewes
01273 099956

Hastings
01424 451019
www.hastings.gov.uk/my-council/covid19/help

Rother
01424 787000, opt 4
www.rother.gov.uk/community-support

Wealden
01323 443322
my.wealden.gov.uk

If you would like to request this information in a different language or format contact esccoronavirusenquiries@eastsussex.gov.uk